

## **HELP LORD!**

### **LIFT UP YOUR EYES** (*Psalm 121:1-2 ESV*)

- A phrase used in Scripture
  1. Not necessarily seeing with your physical sight
  2. Jesus used this phrase (***John 4:35 ESV***)
  3. God told Abraham to lift up his eyes (***Genesis 13:14-15 ESV***)
- God told Joshua to “see” something that was not obvious (***Joshua 6:1-2 ESV***)
  1. Jericho was a walled city
  2. God told Joshua to “see” something that was not visible
  3. Joshua could have pushed back mentally

### **LIFT UP YOUR EYES AND SEE YOU HAVE HELP**

- This is based on what God has said (***Hebrews 13:5-6 ESV***)
  1. This is different from seeing is believing
  2. Based on what God has said, you can see that you are not abandoned
  3. You believe / see that God is your helper
  4. When you believe the Lord is your helper
- When help was promised (***1 Samuel 11:1-4 NKJV***)
  1. The people of Jabesh were living in a pressure cooker situation
  2. Saul, a new king, rallied the people of Israel (***1 Samuel 11:9-10 NKJV***)
  3. The people of Jabesh chose to believe the promise