

LIFE SKILLS FROM PSALMS

Part 2: The Desires Of Your Heart

Psalm 37:1-4 NKJV

LIFE SKILL OF TRUSTING IN THE LORD (Psalm 37:3 NKJV)

- A direct counter to fretting
 1. Will involve trusting in God's Word
 2. Trust and do good - good works are hard to argue with
 3. Dwell in the land
- Cultivate / feed on faithfulness
 1. Faithfulness is firmness, steadfastness
 2. Cultivate faithfulness in the little things (*Luke 19:17 NKJV*)
 3. Feed securely on His faithfulness (*1 Corinthians 1:9 NKJV*) (*Psalm 119:138 NKJV*)

DELIGHTING IN THE LORD (Psalm 37:4 NKJV)

- How do you delight in the Lord?
 1. Taking pleasure in the Lord
 2. Revealed by actions (*Job 22:21-25 NKJV*) (*1 Timothy 6:10 NKJV*)
 3. Then your delight is in the Lord (*Job 22:26-27 NKJV*)
- Delighting in the Lord is honoring the Lord with your life (*Isaiah 58:13-14 NKJV*)
 1. We don't treat the Sabbath today as different
 2. The principle of honoring God is still the same (*Galatians 5:22-24 NKJV*) (*Ephesians 4:29 NKJV*)
 3. Then - after putting these principles into practice (*Matthew 6:33 NKJV*)

COMMITTING YOUR WAY TO THE LORD (Psalm 37:5 NKJV)

- Trusting God with your life
 1. Very similar to the prayer of consecration that Jesus prayed (*Luke 22:41-42 NKJV*)